

Adam May

Supervision for Youth and Community Workers

In recent years I have supervised a number of youth and community workers, several of which were studying on the YMCA distance learning programme in Youth and Community Work. I hold a Higher Education Certificate in Youth and Community Work, incorporating the ICE309 in Supervision Studies, awarded by the University of Canterbury and taught by YMCA George Williams College.

I have extensive experience working in the care and community work sector. My work experience includes

- Full-time CSV volunteer Night Shelter Warden
- Full-time volunteer with The Winged Fellowship Trust, at a holiday centre for people with physical disabilities)
- care work in a children's community home
- being a houseparent in a Camphill Village Settlement
- warden of a hostel for people with enduring mental health problems
- Playleader on an NHS summer playscheme for children with multiple disabilities.

My part time volunteering experience includes one-to-one tutoring on the Adult Basic Literacy Scheme, reporting for a Talking Newspaper for the Blind, running a soup kitchen for homeless people, and telephone volunteering with the Samaritans and Gay Switchboard.

I have been an activist with CND, Amnesty International, and Third World First.

Before I began my psychotherapy practice here in North Wales, I was a Volunteer Director for Community Service Volunteers covering the North West of England. In addition to my psychotherapy work, I deliver training courses on topics relating to youth and community work, and on especially managing volunteers throughout the UK. These courses are usually commissioned by national volunteer-involving organisations such as Amnesty International; British Lung Foundation; The Dogs Trust; and The National Trust. I ran the national, short course programme on managing volunteers for Volunteering England between 2001 and 2005. I have written regularly for Volunteering Magazine and have delivered workshops at VE conferences.

In addition to face to face working, I also offer supervision via Skype and telephone. This is a useful option for supervisees who live some way from my practice. This option is useful for supervisees who have an unexpected problem with transport in order to avoid a last minute session cancellation.

If you are considering me as a potential supervisor, please download the PDF below and think about the questions set out there. They are designed to guide us through the process of making a agreement which will best meet your needs.

I look forward to working with you.

A handwritten signature in black ink that reads "Adam May". The signature is written in a cursive style and is underlined with a single horizontal stroke.